

## Getting a Grip on Your Schedule January 10 & 11, 2016

### Lessons from Ecclesiastes:

- Everything has its **time** (3:1)
- We need to **discern** the **times**, seeking God's leading (3:2-8)
- There is more time **beyond** this life! (3:11)
- Seeking **happiness** and doing **good** go together (3:12)
- Enjoy the **simple** heavenly **gifts** of life: food, drink, work... (3:13)

### Lessons from Ephesians:

- We need **wisdom** in how we order our lives (5:15)
- We should make the most of every **opportunity**...temptation to wrong and evil are around us daily (5:16)
- Follow **God's will** and avoid foolishness (5:17)
- Avoid mind **numbing substances** and behaviors but fill up daily on the Holy Spirit (5:18)
- Let **praise** and **thanks** saturate everything you do (5:19-20)

A Life **Out of Balance**

A Life **Striving For Balance**

A Life **Beyond Balance**

**Key Passages:** Ecclesiastes 3 and Ephesians 5