

Thrive
Week 1
Spiritual Connections, the Heart of Healthy Relationships

Are you connected to the source of spiritual health and life?

How does a human being enter a life-changing relationship with Jesus?

- 1) Recognize His love (1 John 4:10)
- 2) Confess your need (1 John 1:8-10)
- 3) Understand His Gospel (Colossians 2:13-15)
- 4) Accept His grace and invitation of new life (Romans 10:9-10)

How do I grow my own spiritual connection with God?

Five simple ways I can grow my spiritual connections in my relationships:

- 1.
- 2.
- 3.
- 4.
- 5.

Key Passages: 1 John chapters 1 and 4; Colossians 2; and Romans 10

