

Enough

Week 1

Enough Stuff

Recognition: God Has Been Good.

I have a lot of stuff!

Proclamation: “I Have Enough.”

More stuff won't make me more happy!

Transformation: Living an “Enough” Lifestyle

1. Intentional and regular expressions of thankfulness
2. Developing the skill of controlling my eyes
3. Relentlessly saying the word: “Enough!”
4. Nurturing and growing a generous heart and lifestyle

Key Passages: Psalm 23, Philippians 4:10-13, and 1 Timothy 6:6-10

